

# Functional Exercise Program for Parkinson's Disease: Client Consent and Physician Approval to Exercise

## For Patient to Complete

I give my physician permission to disclose information about myself for the purposes described below.

Patient's name \_\_\_\_\_

Patient's signature \_\_\_\_\_ Date \_\_\_\_\_

Physician's name \_\_\_\_\_

## For Physician Use Only

Please complete this form and return to your patient or fax to (224) 521-2597.

Patient's Name: \_\_\_\_\_

Please check one of the following statements with regard to your patient

My patient is cleared to participate in The Glenview Park District Program: **Functional Exercise for Parkinson's** without restriction.

My patient is cleared to participate in The Glenview Park District Program: **Functional Exercise for Parkinson's** with the following restrictions or guidelines:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

My patient is not cleared to participate in The Glenview Park District Program: **Functional Exercise For Parkinson's**.

Physician's name (type or print) \_\_\_\_\_

Physician's signature \_\_\_\_\_

Date \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Fax \_\_\_\_\_

Email \_\_\_\_\_

Thanks very much,  
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